



HAPPY YOGA GIRONA SANT NARCÍS

AV. SANT NARCÍS, 16 17005 – GIRONA

JULIOL 2025

Del 25/06 al 24/07

DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
9:30 -10:45 VINYASA IOGA	9:30 - 10:45 KUNDALINI IOGA	9:30 – 10:45 YIN IOGA	9:30 – 10:45 VINYASA IOGA	
			11:30 – 12:30 IOGA SÈNIORS	
19:00 - 20:15 VINYASA IOGA	18:00 –19:15 YIN YOGA	18:30 - 19:45 ASHTANGA IOGA	19:00 – 20:15 HATHA IOGA	
19:00 – 20:15 KUNDALINI IOGA	19:30 – 20:45 UNNATA IOGA AERI	19:00 – 20:15 SLOW IOGA	19:30- 20:45 KHATVA RESTAURATIU	

Grups inclosos a la tarifa plana

